Irrawang Public School

Whole School Scope and Sequence PDHPE

PDHPE to be taught 90 min p/w + 45 Weekly sport

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Stage** | **Years** | **Term 1 - PDH** | **Term 1 - PE** | **Term 2 - PDH** | **Term 2 - PE** |
|  |  | PDH | PE | PDH | PE |
| **ES1** |  | Who Am I?  PDe1 PDe3 PDe9 PDe10 | Moving My Body  Pde-4 PDe-11 | Healthy Habits  PDe-6 PDe-7 PDe8  Drug Education | Game time  PDe-5 PDe-11 |
| **Stage 1** | Odd | Self-discovery  PD1-1 PD1-2 PD1-10 | Foundations for moving  PD1-4 PD1-11 | Safe Relationships  PD1-2 PD1-6 PD1-7 PD1-10  Drug Education  PD1-2, PD1-9, PD1-10 | Game on!  PD1-5 PD1-10 |
| Even | Sense of self  PD1-1 PD1-3 PD1-9 PD1-10 | Moving my body  PD1-4 PD1-11 | Food safari  PD1-6 PD1-7  Drug Education  PD1-2, PD1-9, PD1-10 | Anytime activity  PD1-4 PD1-5 PD1-6 PD1-8 |
| **Stage 2** | Odd | Mind Shift  PD2-7 PD2-8 PD2-9 | Adapting physical activity  PD2-4 PD2-5 | Invest in yourself  PD2-6 PD2-9 PD2-10  Drug Education  PD2-2, PD2-9, PD2-10 | Active Play  PD1-4 PD1-5 PD1-6 PD1-8 PD1-11 |
| Even | Be alert, don’t get hurt  PD2-2 PD2-10 | Playing the game  PD2-4 PD2-5 | Promoting health  PD2-6 PD2-7 PD2-10  Drug Education  PD2-2, PD2-9, PD2-10 | New moves  PD2-4 PD2-11 |
| **Stage 3** | Odd | Responding Safely  PD3-1 PD3-2 PD3-9 | Moving Objects  PD3-4 PD3-11 | Exploring change  Outcomes: PD3-1, PD3-2, PD3-9  Drug Education  PD3-2, PD3-9, PD3-10 | Survivor challenge  PD3-5 PD3-11 |
| Even | Managing Self  PD3-2 PD3-6 PD3-7 PD3-9 PD3-10 | Games for understanding  Outcomes: PD3-4, PD3-5, PD3-11 | Think before you act  PD3-1 PD3-2 PD3-3 PD 3-7 PD3-9  Drug Education  PD2-2, PD2-9, PD2-10 | Fair play  PD3-4, PD3-5, PD3-10 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Stage** | **Years** | **Term 3 - PDH** | **Term 3 - PE** | **Term 4 - PDH** | **Term 4 - PE** |
|  |  | PDH | PE | PDH | PE |
| **ES1** |  | Communicate and Care  PDe-3 PDe-9 PDe-10  Child Protection  PDe-2 PDe10 | Move in Time  PDe-4 PDe-10 PDe-11 | Watching out for me  PDe-2 PDe-7 PDe-10 | Play with Purpose  Pde5 PDe10 |
| **Stage 1** | Odd | Exploring our community  PD1-3 PD1-8 PD1-10  Child Protection  PD1-2 PD1-10 | Push yourself  PD1-4 PD1-5 PD1-9 | Safety first  PD1-2 PD1-4 PD1-7 | Let’s Dance  PD1-4 PD1-11 |
| Even | Looking after yourself  PD1-2 PD1-7 PD1-9  Child Protection  PD1-2 PD-10 | Dance to your own rhythm  PD1-4 Pd1-11 | Together everyone achieves more  PD1-3 PD1-7 PD1-8 PD1-10 | Game sense  PD1-4 PD1-5 PD1-10 |
| **Stage 2** | Odd | Discover Diversity  PD2-2 PD2-3 PD2-6 PD2-8 PD2-10  Child Protection  PD2-2 PD2-10 | Practise Practise Practise  PD2-4 PD2-5 PD2-9 | Understanding Yourself  PD2-1 PD2-9 | Dance to Move  PD2-4 PD2-11 |
| Even | Embracing physical activity and health  PD2-7 PD2-8 PD2-11  Child Protection  PD2-2 PD2-10 | Challenge your limits  PD2-4 PD2-5 PD2-9 | Working with Others  PD2-1 PD2-2 PD2-3 PD2-8 PD2-9 PD2-10 | Choose your own adventure  PD2-4 PD2-7 PD2-10 PD2-11 |
| **Stage 3** | Odd | The pursuit of happiness  PD3-6 PD3-8 PD3-10  Child Protection  PD3-2 PD3-10 | Practise and perform  PD3-4 PD3-5 PD3-11 | Being Safe  PD3-1 PD3-2 PD3-7 PD3-9 | Get Your Game On  PD3-4 PD3-5 PD3-10 |
| Even | Community and culture  Outcomes: PD3-6, PD3-8, PD3-10  Child Protection  PD3-2 PD3-10 | Moving Objects  PD3-4 PD3-11 | Making healthy choices  Outcomes: PD3-2, PD3-6 | Get Active  PD3-4 PD3-5 PD3-11 |