



IRRAWANG PUBLIC SCHOOL

An Innovative, Vibrant and Diverse Learning Community

Term 2, Week 2, May 8 2020



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PRINCIPAL'S MESSAGE

Dear Parents/Carers,

Firstly.....THANK YOU!

In such new and ever-changing times, I have been so thankful for the support and kind words the community has shown towards our school around how we are managing these difficult circumstances.

child's smiling face on their allocated day and their teacher's are too!

On their allocated day, please ensure they bring:

*Their week 3 and 4 work packs (and any finished work from other weeks)

*Drink bottle - Bubblers are not to be used

*Headphones with their name on them, if possible.

*Fruit break, lunch and recess - No Breakfast Club or Canteen.

*Hat and school jumper (royal blue - no hoods)

Parents will not be able to be on-site (unless they are collecting a child from sickbay during the day).

Thank you for your cooperation and support.

Stacy Mathieson



We are all learning new ways of doing things and are coping so well with any challenges that arise.

I had a shirt made up a few years ago that says, "This principal has an awesome school". It has always been true, but even more so now than ever.

Next week we move into Phase One. Your child will be able to work with children from their class, with their class teacher and with their SLSO (teacher's aide), one full day a week.

We are directed by the Premier on how long Phase One will last, but I will definitely keep you all updated with the latest information when I know.

I look forward to seeing every



School Calendar 2020 TERM 2



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 RAYMOND TERRACE NSW 2324
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 F: 49874063
 Principal:
 Stacy Mathieson
 Webpage:
<http://www.irrawang-p.schools.nsw.gov.au> Email:
irrawang-p.school@det.nsw.edu.au

SAFETY

RESPONSIBILITY

LEARNING

RESPECT

Phase 1 Organisation – One day a week – Information to Parents/Carers

Dear Parents/Carers,

From week 3 - 11th May, 2020 Phase 1 will begin.

This is where every child will be able to attend IPS one day a week. We have decided that the following plan below would be the best for your child's learning. This format allows your child to spend the whole day with their class teacher and their SLSO (teacher's aide), in smaller class groups.

Each class will be split into groups A and B. Your child's teacher will contact you with their allocated day.

We will try, where possible, for siblings to attend on the same day for Phase 1.

Phase One organisation – SEND THEIR LEARNING FROM HOME PACKS WITH THEM.

There will be no canteen or breakfast club. Also ensure your child has their hat and a drink bottle.

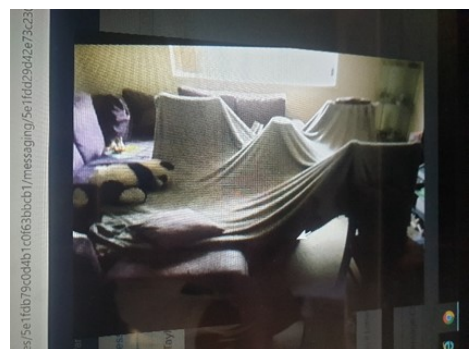
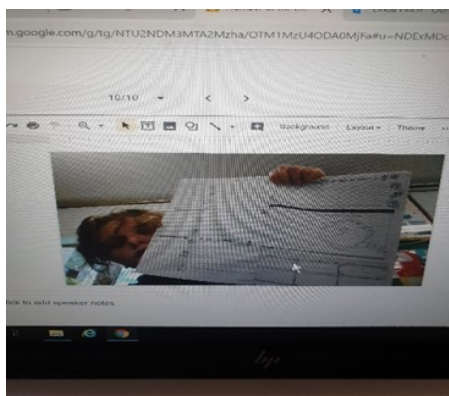
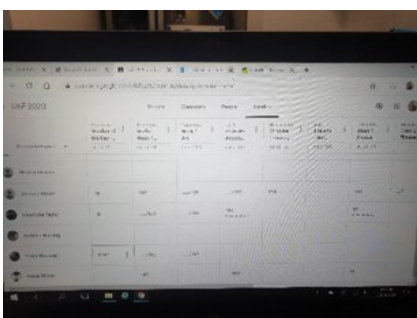
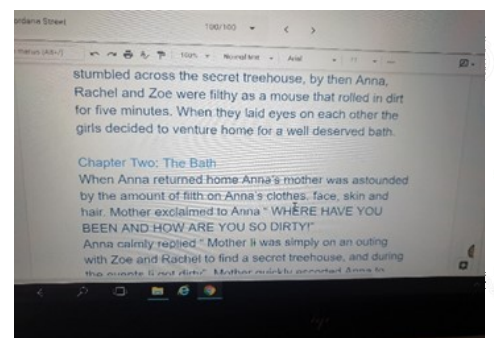
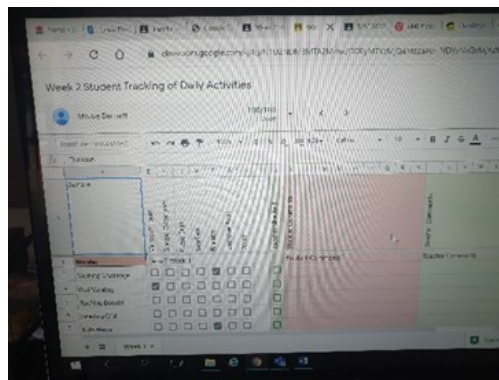
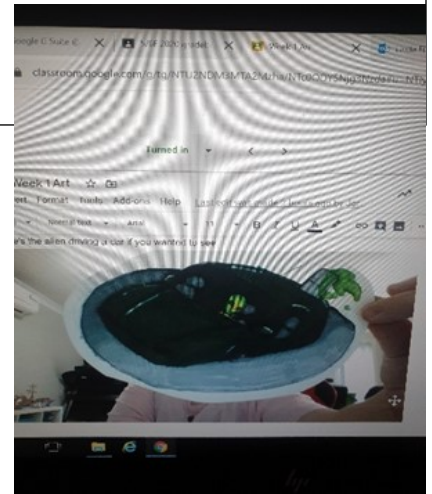
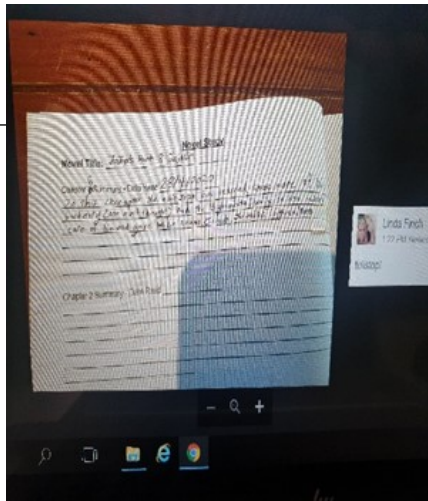
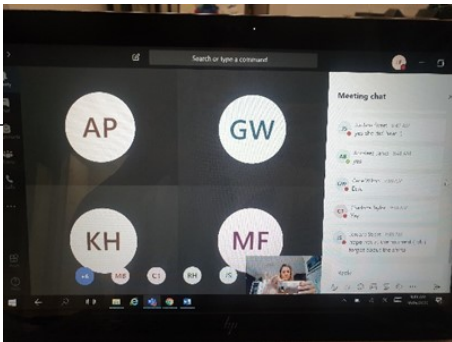
If you choose to keep your child learning from home on their allocated day, this is fine, just ring the school and let the office know.

Parents/carers are to pick up and drop off children from outside the school gates (please maintain social distancing).

Date: Week 3	Classes to attend	Each day there will be a casual teacher to supervise the learning of children whose parents are working and cannot find alternative arrangements. If it is your child's allocated day, they will join their class. Please bring in your learning from home packs each day.
Monday 11 th May	Preschool Sun Group A Early Stage One Group A Stage One Group A Support classes: Group A	
Tuesday 12 th May	Preschool Sun Group B Early Stage One Group B Stage One Group B Support classes: Group B	
Wednesday 13 th May	Preschool Rainbow Group A Stage 2 Group A (including 2/3C) Stage 3 Group A	
Thursday 14 th May	Preschool Rainbow Group B Stage 2 Group B (including 2/3C) Stage 3 Group B	
Friday 15 th May	Minimal staff on site – all children learning from home via online or work packs	

What's happening in 5/6F?

Well what an interesting start to Term 2! Usually we would be in the classroom working hard and producing quality work together. However, this current situation has forced us to change the way that we are learning and increased our use of online platforms such as google classroom, Dojo, Seesaw and Microsoft Teams. Every morning we look forward to our class meeting on Teams where we engage in explicit lessons, class discussions and share our ideas and learning progressions. We can also tackle some issues and troubleshoot problems that we are having with online learning and have an overall discussion about our daily lives. The students in 5/6F have produced quality work that they present on Google Classroom or take pictures and upload to either Dojo or Seesaw. I have been extremely impressed with the efforts of all students throughout this time. We are looking forward to being back in the classroom in weeks 3 and 4 where we get to see each other and share our work easily!



2B Home Learning!

It's been a crazy time for all sorts of new learning. 2B have been continuing their learning from home and smashing it.

Have a look at all of the amazing work we have been completing.



What's **Hot** in Irri's Library

WELCOME BACK



Welcome back to an interesting start to Term 2. All of us here in Irri's Library have certainly been missing all of you, especially since we haven't been able to share our stories and information books .

Below are some things for you to know about what Library will look like this Term across the years:

Borrowing: At the moment there will be **NO borrowing** until students have returned to school on a more frequent basis.

PRC: This is **still continuing**. Many books that are part of the PRC are online and can be recorded on students online reading logs. Students access their reading logs through their Student Portal Or Via the PRC Homepage <https://online.det.nsw.edu.au/prc/home.html>

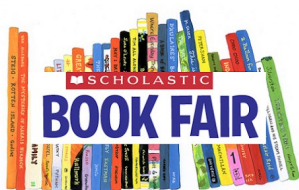
Learning: All of the stages have been set work for Library this Term that continues to follow our Scope and Sequence. Student Learning Tasks for Term 2 re accessible via Google Classrooms **OR** have been sent home in Home Learning Packs. The following summarises what each Stage are doing and where to access the learning online.

STAGE	GOOGLE CLASSROOM	LEARNING TASKS
Early Stage 1, Stage 1 AND Support Units	P-6 Library 2020	Term 2 Reading Discovery
Stage 2 AND Support Units	2/6B Library 2020 K/6J Library 2020 2/3C Library 2020 3B Library 2020 3/4T Library 2020 4I Library 2020	My Animal Fact File
Stage 3	5M Library 2020 5/6F Library 2020 6P Library 2020	Bushrangers of the 1800s

NOTE: If you are unsure what your class code is to join your Google Classroom for Library please contact me at school and I will be able to assist you.

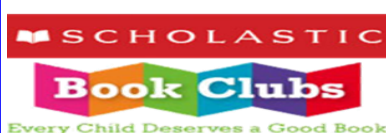
Book Club ONLINE

Until all students are back at school, we have moved to **BOOK CLUB LOOP ONLINE**. Please access the Scholastic website [HERE](#). Register as a member. Browse the catalogue [HERE](#) then place your order and Pay ONLINE. Orders will be delivered to school (if you choose) and I will contact you for pick up.



Book Fair

Sadly our *Easter Book Fair* had to be cancelled, **BUT DON'T WORRY!** We will still be hosting another this year as part of our *Book Week Celebration day* now being held in *October . . .YAY!!*



ORDERS DUE 21/5/20



Positive Behaviour for Learning at Home

SAFETY

Act Safely, Be Alert!

- Stay supervised
- Wash hands for 20 seconds
- Be cyber safe
- Follow instruction from parents/carers
- Eat healthy food & drink water

RESPONSIBILITY

Making Good Decisions!

- Be prepared - have a timetable and materials ready
- Keep your learning space tidy
- Complete your set tasks without comment
- Pack away activities when finished



LEARNING

Personal Best!

- Stay on task
- Begin learning on time
- Have a go at your set tasks
- Be patient with others - wait for help
- Be an independent learner

RESPECT

Think Twice, Say It Nice!

- Take turns speaking and listening
- Treat personal and school property with care
- Speak respectfully to everyone
- Cooperate with others
- Help those around you

PBL IS FOR EVERYONE, EVERYWHERE, EVERY TIME!!
POSITIVE BEHAVIOUR FOR LEARNING IS POSITIVE BEHAVIOUR FOR LIFE!!

PBL NEWS

IPS Staff,
School Community,
Students
and
Parents
are
Safe,
Responsible Learners
who show
Respect

**This week we will focus
on students learning to**

**Read the new
PBL at Home
Matrix**

CAREERS DAY 2020

SAVE THE DATE

23rd September 2020 (Term 3)

Looking for Career Presenters



Careers Day at Irrawang Public School is all about celebrating career choices and the importance of education in achieving your goals.

We are planning the Careers Day for 2020 and are looking for any parents/ caregivers or extended family who may be interested in being a career presenter or helper on the day.

In particular, we are looking for any previous Irrawang Public School students.

If you can help or have any questions regarding your participation in Careers Day, please contact Community Liaison Officer Melissa Beasley on 4987 2403 or Gina Ascott-Evans at Thou-Walla on 4987 4666 before Wednesday 1st July.

Thank you to some of our previous Presenters



**Library Assistant
Mathew Reed from
Raymond Terrace
Library (PSC)**



**Compliance Officer &
Senior Ranger Peta
Ware & Andrew
McAdam from PSC**



**Youth Liaison Officer Senior
Constable Leanne Mann
from Port Stephens Hunter
District Police Force**



**Parent-
Bank Manager
Westpac Bank**



**Road Safety & Traffic
Officer Lisa Lovegrove
from PSC**



**Parent-Musician / Roadie
Andrew Bettini**



**Parent-Admin Supervisor
Tina Lanesbury from TNT**



**Mrs Ping's brothers &
Mr Kirks sons –
Personal Trainers from
F45 Gym Andrew &
Matthew Kirk**

Thou-Walla

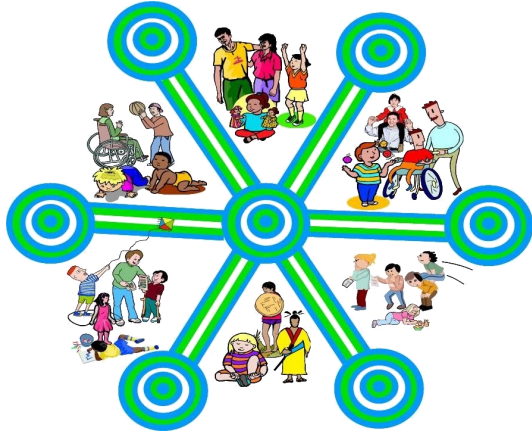
A School as a Community Centre Project **Family Centre**

During this time, you can still contact us on:

4987 4666

0400 431 657.

Or send us a message via our facebook page (Thou-Walla Family Centre)



THOU-WALLA FAMILY CENTRE

A School as a Community Centre.
Supporting families in our community.

With a focus on the early years
<http://thouwallafamilycentre.com/>

Give us a call and see how we can stay connected.

Thou-Walla Family Centre
Irrawang Public School
Geer Street, Raymond Terrace.



BE AMBITIOUS

Computer Confidence Be Online Ready

Starting a new online course?
Want to enhance your skills and improve productivity?



BUILD confidence
IMPROVE your skills

This program will support learners in setting up and securing their online study environment



Internet
Navigate, upload, download

Email
Attachments, signatures

File Management
Files, folders & backup storage options

Word Processing
Edit, rename, tables, headers & footers

PowerPoint
Create, edit, save, present

Excel
Formulas, graphs, formatting

Connected Learning

CONTACT US TODAY

Course: CS05555
Statement of Attainment in Education & Employment Pathways

FEE FREE COURSE

Phone or Email to register for Term 2 -2020

Nadene Curzi
(02) 4923 7410
nadene.curzi@tafensw.edu.au

Tuning into (pre) Teens

Tuning into kids pre-teens is an evidence-based emotionally intelligent parenting program for parents and carers of children aged 8 to 12 years that focuses on the emotional connection between parents and children.

This is a six session parenting program aims to teach parents and carers about:

- awareness and regulation of their own emotions
- awareness of their children's emotions
- to use children's emotional experiences as an opportunity for closeness and teaching
- skills in assisting children to verbally label and manage their emotions
- skills in assisting children in problem solving
- to guide children's behaviour with appropriate limits

Delivery mode: Zoom Video Communications

Delivery Dates:

14 May 10am-12pm | 19 May 10am-11am | 21 May 10am-11am |

26 May 10am-12pm | 28 May 10am-11am | 2 June - 10am-12pm

Cost: FREE

Bookings essential — Phone 02 4016 0566 or Janet 0418 468 111

Communities for Children Facilitating Partner Initiative Raymond Terrace & Karuah is funded by the Australian Government and Facilitated by The Smith Family

*Fully Government Subsidised Student training programs



This document is correct at the time of printing: April 2020.
*Terms and conditions may apply.



RTD 90003



tips + resources
for your family's health +
well being

EATING WELL AT HOME

HANDWASHING: COUNT TO 20!

Remember to wash hands...



After

- Coughing or sneezing
- Using the toilet

Before

- Preparing food
- Eating food



DRINK PLENTY OF WATER

Water is the best drink for the whole family! Try these tips...



- Have regular water breaks together
- Serve water with each meal
- Make drinking water fun!**
Decorate a cup or water bottle with stickers and use this for water.

YUMMY SNACK IDEAS!

COOKING WITH CHILDREN

Tuna & Corn Melts (Serves 4 as a snack)

Adapted from healthykids.nsw.gov.au

You need:

- 2 wholemeal English muffins, split
- 95g tin of tuna (or chicken or lean ham)
- 1/2 stick celery, thinly sliced
- 1/2 cup corn kernels
- 1/4 cup grated cheese
- 1 Tbs reduced fat cream cheese



Image from healthykids.nsw.gov.au

Involving children in preparing food can encourage them to try new

foods. In this recipe, children can help chop, mix and spread the topping- with adult supervision

To make:

- Combine tuna, celery, corn, and both cheeses in a bowl until mixed.
- Heat grill on high. Lightly toast the muffins under the grill or in the toaster.
- Spread each muffin half with 1/4 of the tuna and cheese mixture. Heat for 2-3 minutes under the grill, until lightly browned. Enjoy!

SWAP THESE SNACKS FOR HEALTHIER, 'EVERY DAY' CHOICES



BREASTFEEDING DURING CORONAVIRUS

Can I keep breastfeeding? Yes. Breastmilk can provide your child with protection from many illnesses.

If you are breast- or bottle-feeding, remember to:

- Wash your hands with water and soap before and after feeding
- Wear a mask, if you are unwell
- Disinfect surfaces and feeding equipment

For support with breastfeeding contact the Australian Breastfeeding Association
24 hour Helpline on 1800 686 286



'Heart of a child' Worimi Artist: Lara Went

Good for kids
good for life



Health

Hunter New England
Local Health District

Good for Kids good for life

BREAKFAST IS THE BEST ROUTINE



Breakfast is important for kid's blood sugar levels. It helps them to concentrate while learning, moderate behaviour and have the energy to engage in physical activity.

Breakfast also reduces the desire to snack on high sugar and high fat foods.

Quick and Easy Breakfast Ideas

- Cereal with milk, yoghurt and/or fruit
- Wholegrain toast or raisin bread
- Smoothies made with fresh, frozen or canned fruit

Tip: to get kids ready to learn, keep the TV off during breakfast time

For delicious breakfast recipes visit the Healthy Kids recipe page and click 'breakfast'
<https://www.healthykids.nsw.gov.au/>

Source: Northern Sydney Local Health District



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Good for Kids good for life

STAYING ACTIVE AT HOME

Children should be getting at least **60 minutes** of physical activity that makes them 'huff and puff' across the day.

Staying active as a family will support your physical and mental health.

Try doing some of these activities together each day:

Backyard sports

Walking

Dancing

Tag

Hula hoops

Gardening

FAMILY EXERCISES

Family boot camp

Skipping

Aerobics

Walk the dog

Hide and seek

Make a game from chores



Source: Office of Sport



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Good for Kids good for life

MANAGING SCREEN TIME

While your family is at home, many activities for learning, fun and keeping in touch will be done using screens.

To keep active make sure you spend time away from screens every day.

Try some of the ideas below:

TURN OFF SCREENS + get active!

Screens can be great for learning, play and communication. Too much screen time can be unhealthy. Try to sit less and move more.



Source: Western Sydney Local Health District, November 2018



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Good for Kids good for life

KEEP CRUNCHING

Most NSW primary schools have incorporated *Crunch & Sip*® (often called Fruit Break) as a regular part of the school day.

Crunch & Sip® helps kids meet their recommended vegetable and fruit intake, as well as help introduce new vegetables and fruit.

The benefits of *Crunch & Sip*® can happen at home as well as at school. Keep kids eating healthy snacks of vegetables and fruit no matter the day.



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>