



IRRAWANG PUBLIC SCHOOL

PROCEDURES FOR SPORT AND PHYSICAL ACTIVITY



Last Review: Term 1, 2024 Next Review: Term 1, 2025
Principal: Mrs Stacy Mathieson

1. Objectives - [Policy Statement](#)

- 1.1 Student participation in planned physical activity includes time spent in physical education, sport and other structured physical activities.
- 1.2 All principals, teachers and support staff in NSW Government schools must comply with the requirements stated in the following documents unless exceptional circumstances arise.
- [requirements for all sport and physical activity document](#)
 - [relevant specific sport and physical activity guidelines](#)
- 1.3 School-developed procedures for the organisation and management of sport and physical activity reflect current local information and circumstances, are documented and communicated across the school community as appropriate.
- 1.4 Students in Years K-6 participate in a minimum of 150 minutes of planned moderate with some vigorous physical activity across the school week. This time includes planned weekly sport.

2. Audience and applicability

- 2.1 This applies to all NSW Government schools.

3. Context

- 3.1 This is informed by evidence based research, *Australia's Physical Activity and Sedentary Behaviour Guidelines* and the *Melbourne Declaration on Educational Goals for Young Australians*.
- 3.2 This is supported by the [Sport Safety Guidelines](#).
The guidelines:

- address the supervision and welfare of students, equipment, venues and specific safety conditions and procedures for an extensive range of sports and physical activities.
- include a list of banned activities.
- provide procedures for Principal Endorsed Activities that guide principals in approving a sport or physical activity that is not specifically covered elsewhere.

3.3

This relates to the [Excursion Policy](#) and the [Working With Children Check Policy](#)

4. Responsibilities and delegations

4.1

Principals:

4.1.1

Lead the development and implementation of a current and locally based Sport and Physical Activity procedures document. This would include operational logistics, safe conduct procedures, resourcing implications, delivery and evaluation processes. Further information on the development of this procedure document is in the [Sport Safety Guidelines](#).

4.1.2

Ensure that the school meets the mandatory weekly requirements for student participation in sport and physical activity.

4.1.3

Ensure the safety conditions for specific activities in the [Sport Safety Guidelines](#) are adhered to, whether an activity is taken as part of school sport, physical education, school excursions, or any other occasion where sport and physical activity is planned.

4.1.4

Review and approve any sport or physical activity that is not specifically covered in the [Sport Safety Guidelines](#).

4.2

Leader, School Sport Unit:

4.2.1

Provide advice on implementing the policy and development of support materials.

4.3

Director, Arts, Sports and initiatives:

4.3.1

Be responsible for the currency of the policy and oversight of support materials.

5. Monitoring, evaluation and reporting requirements

5.1

The School Sport Unit, Specialist Programs, will monitor the implementation of this policy and will report, as required, to the Executive Director, Learning and Leadership.

6. Contact

School Sports Policy Advisor (02) 9707 6910